

Ethics & Professional Orientation

Counseling Exam Practice Questions

The following questions are intended to help you while you prepare for the NCE, CPCE, CECE, NCMHCE, or other counseling exams. Review the questions, choose the best answer, and then review the correct responses on the last page.

Question 1

Which of the following is most consistent with the principle of autonomy?

- A) Allowing the client to choose what they believe is best for them.
- B) Giving the client advice so they make the best choice.
- C) Encouraging a client to change their mind because you are concerned about their decision.
- D) Telling a client they should quit their job because it causes them too much stress.

Question 2

To become a licensed counselor, where should someone apply for this?

- A) The Federal Government
- B) Their State Board
- C) American Counseling Association (ACA)
- D) You do not need to be licensed to be a counselor

Question 3

From an ethical statepoint, which of the following is a situation where you can most likely violate confidentiality in an ethical manner?

- A) If an adult client has started to use strong, illicit substances.
- B) If an adult client tells you they have intrusive thoughts about killing others.
- C) If an adult tells you they have passive suicidal thoughts.
- D) If an adult client tells you they are planning to kill a co-worker.

Additional questions on the following page.

Question 4

You have a client who speaks very highly of their family. Confidentiality is very important for the client. The client dies after a battle with cancer and the family reaches out to you because they're worried the client hated them. Ethically, can you tell the family what the client thought of them?

- A) Yes, since the client has died you can tell the family what the client thought of them since it is positive and helpful information for the family.
- B) No, since the client had expressed how important confidentiality was for them, you must maintain this confidentiality.
- C) Yes, since the client died, the family now controls the client's confidentiality and can know whatever they want from sessions.
- D) No, there are no circumstances where you can breach confidentiality after a client's death.

Question 5

When the Code of Ethics is not followed, what consequences might a counselor receive from the American Counseling Association?

- A) Arrest
- B) Fines
- C) Disciplinary action
- D) There are no consequences

Question 6

Which board approves someone to be a National Certified Counselor if they meet the requirements for this certification?

- A) National Board for Certified Counselors (NBCC)
- B) American Counseling Association (ACA)
- C) American Psychological Association (APA)
- D) Any of the above

Additional questions on the following page.

Question 8

What is the term for when groups from various professions meet to discuss professional concerns?

- A) Examination
- B) Meeting
- C) Coalition
- D) Evaluation

Question 9

If someone is a National Certified Counselor, what type of licensure is this?

- A) Robust
- B) Complete
- C) Doctoral
- D) Generic

Answers on the following page.

Answer Key

The following are the answers to the questions on previous pages.

Question 1: A

Question 2: B

Question 3: D

Question 4: B

Question 5: C

Question 6: A

Question 7: C

Question 8: D

Question 9: A

Want to learn more?

Check out the YouTube video that goes with this PDF. On that video, you'll learn more about what makes each of the correct answers the right one, as well as why the others aren't the best answers.



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